

# Family Presence in PeriAnesthesia Care



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Shannon Parsons, RN BSN

## What is family?

*“Family is defined by the patient/resident....Family members are the people who provide the primary physical, psychological, or emotional support for the patient or resident. Family is not necessarily blood relatives. Family members are encouraged to be involved and supportive of the patient/resident and are integral to the overall well-being of the patient/resident.”*

# What does Family Presence look like?

## Patient and resident directed

- Visitation based on patient and resident preference in collaboration with provider expertise

## Family defined by patient and resident

- Families not viewed as visitors
- Families viewed integral to health and well-being

## Clinical Partnership

- Invites partnership at a clinical level

# Why is this important?

## Person-and-family centred

- Improved patient and family experience
- Promotes an environment of quality and safety

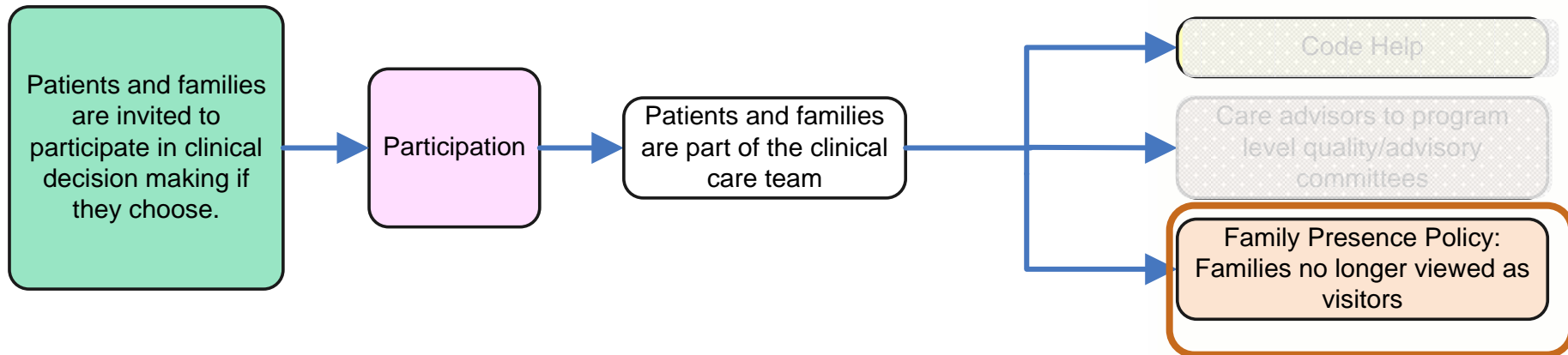
## Promotes consistent practice

- Current practice is informal and inconsistent

## Evidence informed

- Literature supports as far back as the 1980's
- Supported by Nursing licensing bodies and best practice recommendations in Colleges

# Driver: Participation



“A policy is just a piece of paper until it  
lives with the culture of the  
organization”

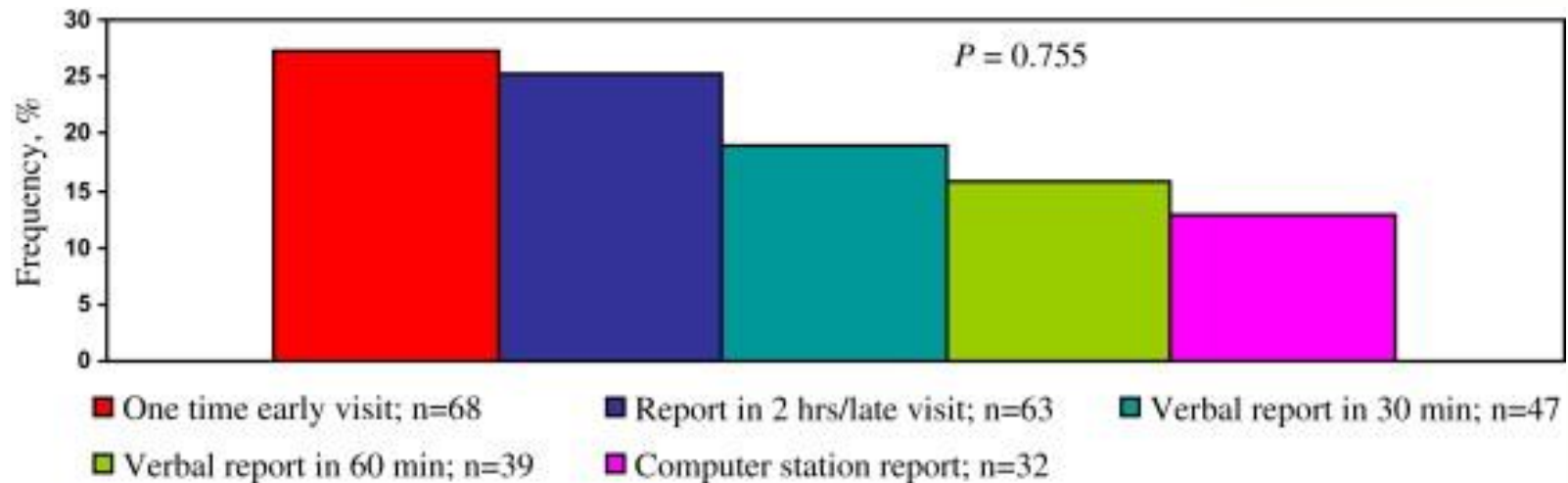
Dr. Peggy Simpson

## Show me the data!

“...family members had significant decreases in anxiety levels after seeing their family member in the PACU compared with increases in anxiety levels for those who were not allowed to visit”

Carter, Deselms, Ruyle, Morrissey-Lucas, Kollar, Cannon, Schick (2012). Postanesthesia care unit visitation decreases family member anxiety, *Journal of PeriAnesthesia Nursing*, 27(1), 3-9.

# Show me the data!



DeWitt, L. & Albert N.M. (2010). Preferences for visitation in the PACU.  
*Journal of PeriAnesthesia Nursing* 25(5), 296-301.



## Show me the data!

“8% of adult patients are always permitted to have a visitor in the PACU and 11% are allowed visitors most of the time”

DeLeskey, K. (2009) Family visitation in the PACU: The current state of practice in the United States. *American Society of PeriAnesthesia Nurses*, 24(2), 81-85.

83.7% of employees would want the option to visit their family member if they are undergoing surgery. If given the option, 73.1% of employees would want their family to visit them after surgery

Walls, M. (2009). Staff attitude and beliefs regarding family visitation after implementation of a formal visitation policy in the PACU. *Journal of PeriAnesthesia Nursing*, 24(4), 229-232.



Now what?

Begin with a story

“Patient and Family Centred Care is not  
new work, it is the work”

Bev Johnson

CEO - Institute for Patient and Family Centred Care



Questions?

## Resources

<http://www.ipfcc.org/advance/topics/supporting-family-presence.html>

<http://www.ipfcc.org/advance/topics/family-presence.html>

<http://www.ipfcc.org/advance/topics/Families As Visitors.pdf>