

# The Eye Opener

National Association of PeriAnesthesia  
Nurses of Canada

*www.napanc.org*



International Conference  
for PeriAnesthesia Nurses

**ICPAN**  
2013, Dublin

## Fall 2012

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## Did you know...

**There is now a "Members Section" with a login ID and Password? Please speak with your provincial President for the access information.**

There is now a **Photo Gallery** on the NAPANc website: hundreds of photos of recent and past events including the International Conference, 2011!

The best way to have a great day is to decide to!

John O'Leary

## Project Hands Mission Trip

Almost a year ago to the day I was searching for my next adventure. It had been my life long goal to provide medical care to those less fortunate. I was forwarded to the group Project Hands; a Vancouver based non-profit organization that works in partnership with the Guatemalan people to provide sustainable medical care. The group was recruiting post anesthetic recovery room (PARR) nurses. At that point I was a surgical nurse at Royal Inland Hospital (RIH) in Kamloops, BC and then decided to apply for a position in PARR. I was fortunate to have secured that position and consequently accepted to go to Guatemala with Project Hands.

This particular trip was a 10 day plastics and burn surgical trip to the small rural town of San Juan Sacatepéquez, Guatemala. Many of the patients were young children and the surgeries were complex. We learned when we arrived that many of the indigenous Mayan population still cook on open fires, and consequently have a high incidence of burns. Patients had traveled from all parts of Guatemala to receive our medical help.

As a medical group coming from all different areas of expertise, it quickly became apparent that we would need to work as a cohesive team in order to get this important work completed. This

would become one of the most rewarding aspects of this trip. As a new PARR nurse I gained skills and invaluable knowledge from my partner, an experienced recovery nurse from Royal Columbian Hospital in Vancouver, Mary Lou Dresher. Throughout this experience, I was present for some amazing moments that have changed my life forever. I was able to watch the surgeons do innovative and complex procedures, but also be apart of some touching post-operative moments. The first surgical day consisted of intensive cases including multiple skin grafts from various parts of the body. After hours of surgery the patients would wake up, and no matter the pain, they did not complain but only express their immense gratitude

We worked long and difficult days, but it was worth it to see the changes we made in these peoples lives. There is not a day that goes by I do not think back fondly of the memories I made on that trip, and the great people with which I was able to work. I am forever grateful to the founders of Project Hands, Barbara and George Maryniak, for their hard work and dedication to this great cause. There will be another Project Hands surgical trip in April of 2013 and I would be so fortunate to be able to join them.



If you are interested in learning more about this organization or donating to their great cause the website is <http://www.projecthands.org/>.

By Rikki Martens



## Ask NAPAN<sup>©</sup>

I wanted to know what the practice was in your PACU's regarding recovery of pneumonectomy, either VATS or

Q:

open. What is your practice in your hospitals? Post-op to ICU or overnight in PACU? We are having a little tug or war between the surgeon and anesthesia and what's best practice and safe for the patient.

Sonia Boccardi, MScN., CNCC  
 Conseillère Clinique en Soins Infirmiers - Nursing  
 Clinical Consultant  
 Salle de Réveil/Endoscopie – Post Anesthesia Care/  
 Endoscopy  
 514-340-8222 x 3972 sboccardi@jgh.mcgill.ca

A:

At Trillium our pneumo cases go to ICU direct (or to PACU if no bed.....). They go from ICU to the surgical unit on Post-op day 1 if all

is well. There is no pathway or specific order set for this population.

Q:

Hi Paula,

We have an ongoing issue here at the Janeway of recovering patients after hours in PICU. There is one PACU nurse with PICU nurses being the second RN. According to our standards, does it not say that "Two RN's, both competent in Perianesthesia nursing in phase 1 level of care, must be present in the same room at all times"? I am concerned that our current practice is not meeting National Standards.

My question is, does a PICU nurse qualify as a

competent PACU RN? Our PICU does not recover patients, and the PICU are currently requesting orientation on how to recover a patient that is extubated comes to PICU directly from the OR.

Your input on this issue would be greatly appreciated –

A:

Our standards state that 2 RNs, both competent in perianesthesia nursing should be available at all times whenever a patient is in the Phase I recovery, immediately following anesthesia. An ICU RN is NOT a perianesthesia nurse, at least not without further training!

Q:

Just wondering what the standard is for taking vital signs in PACU.

A:

Vital signs are monitored continuously and documented at minimum of every 15 minutes, and on admission and upon discharge to Phase II. Vitals signs include respirations, blood pressure, pulse, cardiac rhythm, temperature, any hemodynamic readings. See page 134 of the Standards

## Pictures from Nova Scotia



Thank you to Marion Power for years of service as she steps down from PeriAnesthesia nursing (retires) and NAPANc.

And thanks to the Nova Scotia PeriAnesthesia Nurses for a great conference. They even arranged for some pretty nice weather while we were there.

## Updates

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NAPAN© 12<sup>th</sup> Annual National Conference will be held in Regina, Saskatchewan in Spring 2014.

**Committee Reports**

**Nominations Committee Report to the Board of Directors**

Oct. 19, 2012

Dartmouth, NS

The Nominations Committee has followed the calendar as outlined in the terms of Reference. At the time of preparing this report, there have been invitations to those volunteers who have been considered for Executive and Committee Chair responsibilities.

Vacancies are: President-Elect; Treasurer-Elect; Secretary-Elect;

Fundraising Chair; Standards Chair

The next steps will be to announce the vacancies at the Annual General Meeting on Oct. 21 and ask for nominations from the floor. The nominator may propose a person and the Chair will ask if the nominee will let their name stand. The Chair will then continue with the process.

If there are no candidates, then the vacancies are reviewed by the Executive who can appoint a Chair until there is another election or a volunteer steps forward.

The Terms of Reference need to be updated and corrected. See attached.

Please let me know if you would like to put forward a nominee or have any questions.

Respectfully submitted,

Laura Van Loon, Chair

Nominations Chair

Immediate Past President, NAPANc

**Standards Committee Report for BOD  
October 19, 2012**

**The Standards Committee History**

- formally established in 2004
- Board adopted English and French languages for publications
- Annual Standards Survey commenced: 2005
- Standards for Practice 1<sup>st</sup> Edition: released 2008

- Normes de pratique premiere edition: 2009

- Pediatric Resource Group: Sept. 15, 2009 - 2011
- Standards for Practice 2<sup>nd</sup> Edition: released October 2011
- Normes de pratique secondaire edition: August 2012

**Committee Chair(s)**

- Shirley Clarke: 2004

Melanie Connors, Chair: 2004-2008 and Co-Chair Sue Kennedy: 2004-2006

- Paula Ferguson: Interim, 2008

- Marion Power and Laura Van Loon, Co-Chairs: 2009-Oct. 21, 2012

The completion of publishing the Standards for Practice 2<sup>nd</sup> Edition in English and French has been a great accomplishment through the wonderful collegial work of our committee's focus, friendships and generosity of time and expertise.

To date we have sold 226 English Standards and 6 French Standards.

We are gearing up for the Standards Committee's work, which will involve researching and writing a Pediatric Resource, our Position Statement for the Nurse Practitioner in Anesthesia and updating the Standards for Practice.

We will supply a survey as usual for the conference delegates and have the results tabulated for the next Standards Committee meeting. These surveys give us some of the membership's priorities for our Standards for Practice, names of potential members who are interested in long-term and short-term projects, interest regarding writing our certification exam starting 2014 and a chance for a free copy of the current standards.

The Co-Chairs wish to thank the Committee members and the Board of Directors for your diligence and perseverance during our term and the process of publishing this 2<sup>nd</sup> edition. It has been a wonderful experience and we hope that these standards are useful in promoting our perianesthesia specialty.

Marion Power                      Laura Van Loon  
Co-Chair, Standards Committee NAPANc

**NAPANc Website "Committee"  
Report to Board of Directors  
October 19, 2012**

Updates since June, 2012:

Front Page Slideshow: added "NAPANc Needs Your Help...." with photo and link to Nominations and Vacancies; removed link to NCLEX exam; Added "Now available in French!" to Standards slide  
Updated Provincial application forms, conference updates as requested  
Spotlight: PeriAnesthesia Nurses on a mission: Certification Information: added Competency development meeting in November in Ottawa

New Additions:

Membership login: added more information, including newsletter.

New photo gallery: with 3 photo albums (ICPAN, 2011; NAPANc conference 2011; NAPANc archives)  
Added photos to Aseptic Surgery Forum information.

Inquiries to [info@NAPANc.org](mailto:info@NAPANc.org) (Paula's email):

- Standards orders via website interactive forms
- Info re: National Conference 2012 updated
- Questions re PACU etc.: saved for newsletter

Forum updates:

Very underutilized. Please everyone start discussions or answer someone else's? Spam hits. Deleting "spam users" as they come in (email notification for each new "member"). Thao Le now assisting to clear spam hits as they come in. Two new enquiries only.

Suggestions for Revision: None

Discussion: "Spotlight": Any other Missions?

Vision: Photos and biographies to the "Organizational Structure", under each person in each section

Respectfully submitted,

Paula Ferguson  
Website Chair  
October 19, 2012

NAPANc Newsletter "Committee" Report to Board of Directors  
 October 19, 2012

A. Last Newsletter: September, 2012:

1. Content? Articles?
2. Content of "Ask NAPANc": using emails that come in
3. Suggestions for inclusions? Send articles please!

B. Next Newsletter: November, 2012:  
Inclusions:

1. Follow up from Conference 2012 including photos
2. More PeriAnesthesia Nurses on a Mission? Any offers?
3. Link to Certification update
4. Sponsorship Opportunities for: 1) Certification with link to: interactive order form for Sponsorship of Certification
5. Updated list of Certification Donors
6. Link to "Join NAPANc: Nomination Forms"
7. Notice of Membership Login: contact your provincial rep
8. Standards for Practice: NOW IN FRENCH! with order form (link)
9. Other suggestions?

C. Distribution: Timeline: All Provincial Presidents must ensure distribution of NAPANc Newsletter within 2 weeks of receipt to all NAPANc members in their provinces

D. Members Only Login: Full newsletter, financial information

Respectfully submitted,  
 Colleen Archbold, Newsletter Chair, October 19, 2012

Fundraising Committee Report to the Board of Directors  
 Oct. 19, 2012  
 Dartmouth, NS

Charitable Number: Revenue Canada  
 The President obtained and forwarded more information to Revenue Canada as we continue to pursue Charitable Status.

Revenue Canada has accepted our changes to the NAPANc Constitution and By-laws as passed at our last Annual General Meeting in Toronto, ON.

One of the main reasons that we started this process was to fundraise for the Certification Funds required by CNA. We have the amount required due to the profit from the hard work that NAPANc President and volunteers carried out by staging the First ICPAN Conference.

Question: Shall we continue to pursue charitable status with the capability of issuing income tax receipts?

Fundraising for Standards for Practice  
 Thanks to all the individual donors and provincial perianesthesia groups, and others who have provided the necessary funds for completing this second edition of NAPANc Standards for Practice. Once again we included the logos of all the perianesthesia jurisdictions on the covers. It is wonderful to have total support of our membership.

We have printed the French Standards for Practice Edition 2 during the summer of 2012.

Standards sold to date: English – 126; French – 6

Standards ordered: English - : French – 50

The Standards will be for sale at the conference. Please encourage your units, libraries and others to purchase this resource for their own libraries as well. The form remains on the website.

Anyone wishing to donate to our Third Edition, please mark your donation to the Standards Publication so that we can acknowledge your contribution on the cover and on our website and newsletter.

Certification

Thank-you to several donors and perianesthesia groups for the financial contributions to the Certification Fundraising projects. Our first installment owing the CNA was paid from the several years of fundraising prior to the ICPAN Conference.

We have the balance required due to the profit from the hard work that NAPANc President and volunteers carried out by staging the First ICPAN Conference.

Laura Van Loon, Fundraising Chair NAPANc

NAPANc Certification Committee Report to Board of Directors

– We submitted proposal in 2010 and were approved in Feb 2011, designating us as a specialty. We were informed this summer that we would be contacted by ASI (exam company) to develop the exam. The first meeting of the Exam committee, of 8 people just met by teleconference call in October to discuss their role. We have 8 more people from across Canada who will meet in Ottawa in late November to develop the Competencies that our exam questions will be based on. This is the Competency committee. This exam will be in English and in French and we will be able to register to write it in the fall of 2013 (October).

Question: Cost for the exam: \$400 approximately

How are we going to prepare ?– we will be developing a prep guide to assist the members in exam preparation. Once you have registered, you should be able to receive the prep guide.

Can foreign nurses write the exam?–you must be a member of CNA to write the exam.

Do we know where we will be writing –there will be multiple sites throughout Canada to write the exam. It will be written on the same date, across the country, and is still paper based.

**NAPANc Conference Photos**

Laura Van Loon, one of the founders of NAPANc and the first President, celebrated a very special birthday during the conference. Here she was being recognized during the dinner. Happy Birthday Laura.



## Provincial Reports

### OPANA

First of all let us begin by saying we are thrilled to be joining the NAPANc conference here in Halifax. There are four members attending from the OPANA BOD and we look forward to meeting many of our colleagues from across the country. So much work goes into planning and running a conference and we wish you the very best and thank you for hosting in 2012.

OPANA has been extremely busy and we have so many work projects on the go within our association. Presently OPANA members to date stand at 213. As an association we are moving in new directions. Commencing November 1<sup>st</sup> our membership year begins to the following October 31<sup>st</sup> of 2013. This allows us to sync with the RNAO- Registered nurses of Ontario renewal and entice more members to join OPANA.

With the representation of free standing clinics to our Board we are exploring and reaching out to the community based PeriAnesthesia clinic setting. Most exciting! The latest dentistry standards have been published as of June 2012 and are on the website. This has cued us to review our standards and amend the standards to include Dentistry and free standing clinics.

The bottleneck scenario has been on our minds of late and we are addressing this as a priority project at Hamilton Health Sciences. We are in the midst of completing our design for the satellite PACU to sit within the SDU unit. This will be a 6 bay PACU unit staffed by PACU nurses for patients who have met inclusion criteria regarding regional blocks and require observation outside of the PACU. Patients in the ortho, urology, gync and gen surgery population who have only received a regional block will be admitted to this unit. Our algorithm is complete and being reviewed by anesthesia. The main goal is to reduce the bottleneck in PACU and hopefully in 2013 we will be ready to launch. Construction is still required with regards to monitoring installation and other items for the physical space plan.

Other directions being addressed at Sunnybrook Hospital and a city wide project entail examining the PeriAnesthesia care pathway for patients having colorectal cancer surgery. Pathway is Called ERAS (Enhanced recovery After Surgery) and BPIGs (Best Practices in general surgery) and moving forward in practice to include the .On November 24<sup>th</sup> at our workshop this topic will be presented in addition to peds sedation in the outpatient free standing clinic setting. Here we will host our Annual AGM to bring forth all that is new and exciting and share with our members. This workshop will be free to OPANA members.

In Ottawa, there has been much work on remodelling the preadmission clinics- amalgamating into one site. We have done this also at HHS and find that it was a rough transition at first but has improved flow greatly- like one stop shopping for patients instead of having to go to various other areas. In Ottawa, the PACU is also expanding by 5 bays to support four new ORs. This will allow PACU to support the new ORs that will bring an innovative platform for neurosurgical patients as well as new endoscopy suites for the vascular specialty.

Behind the scenes the OPANA Standards committee is working on revising the standards and creating new ones for the 7<sup>th</sup> edition. We are a dedicated group who believe in continuing this important work as we find our PA nursing colleagues reach out to our standards for reference frequently and they continue to sell well providing us with revenue in return and promoting evidenced based nursing practice standards. A win win.

OPANA as an association affiliated with the RNAO continues to meet meet the expectations and responsibilities to the RNAO Ends:

- ✓ Engage with Registered nurses and nursing students to stimulate membership and promote the value of belonging to their professional organization
- ✓ Advance the role and image of nurses as members of a vital, knowledge driven, and caring profession and as significant contributors to health.
- ✓ Speak out on emerging issues that impact nurses and the nursing profession, health and health care.
- ✓ Influence healthy public policy to positively impact the determinants of health, supporting Medicare and strengthening public funded, not for profit health care system.

In conclusion, we look forward to the development of the exam for PeriAnesthesia certification. It can't come soon enough!

Respectfully submitted on behalf of OPANA,  
*Marianne Kampf*  
OPANA Immediate Past President

### PANNB/PEI

Up to 67 registered and 1 additional members today. Members are really interest in the education, but not interested in the board. Encourage to choose the national meeting over the provincial meeting. 31 members attending, looking for members for the boards – Jodie McNamara won the bursary.

Focus in deceased waitlist, with focus on Pre-Admission clinics.

Executive will remain for another year.

Respectfully submitted  
Laura McNulty  
President PANNB/PEI

### ANSPAN

Have 68 members and may have 4 additional members to sign up today. Have had 4 education sessions since last October. At this time Day Surgery is a part of ANSPAN. There is designation on the on the College website. Simone will be taking over in the new year as Presidents. Busy with the conference.

### QPANA

#### MEMBERSHIP 2012- 2013

Up to present time, there are 108 members.

#### 2012-2013 QPANA EXECUTIVE BOARD

The last teleconference meeting of the QPANA Executive Board was on September 5. The QPANA Executive Committee 2012-2013 is composed of:

- President: Thao Le
- Vice-president: Anne-Aliette Imbeault
- Secretary: Lina Porco
- Treasurers: Rafaelina Porco, Linda Alexander
- General Members: Bernard Bachaalany, Julie Landry-Lévesque, Lucie Martineau, Tamlyn Wall, Doris Matajic, Elvie Parayno,

#### QPANA 20<sup>th</sup> ANNUAL CONFERENCE

The organization of the 2013 QPANA annual conference has been started. It will be in Laval City. The theme is: "Soyons ouvert aux nouveaux défis – Open to new challenges".

#### PROMOTING OF THE NATIONAL STANDARDS

QPANA continue to promote the second edition of the National Standards for Practice in PeriAnesthesia Nursing.

#### PROMOTING AND SUPPORTING THE NATIONAL CERTIFICATION

QPANA is proud to have the opportunity to actively participate in the certification process in collaboration with the NAPANc, Canadian Nurses Association and other colleagues across the country. Up to present time, QPANA is in the Exam and Competency Committees.

The news regarding the update on the National Perianesthesia Nursing Certification was announced in the QPANA's annual conference, QPANA Bulletin and on QPANA's web site and Facebook page.

Kind regards,e

QPANA President and National Representative

#### **MAPAN Presidents Report**

Membership is stable at over 60 members. This may be due to more enthusiasm. Had good attendance at their first workshop. Will be starting a journal club (Mel Connors will be running), and are planning another activity. Has a new Secretary – Janet Snow. The College has not been able to identify PA as a speciality, the college has stated that it is CIHI. The College has indicated that they need to define their role with CNA.

#### **PANGS**

Conference September 27. Had STARS do a presentation and case study. There are some concerns regarding the change in practice from the College of Physicians and Surgeons. This will have an impact on the practices of the RN. There is work to be done with Day Surgery nursing in PANGS. Membership is down in 2013, but these members will help with the National Conference.

#### **PANBC**

PANBC is growing strong and so far has had a great year. Our paid membership to date for 2012 has reached 70 but memberships are still coming in with our upcoming conference Nov 3 2012. This is fantastic news; we are growing slowly and are gathering support in BC.

Our provincial contract was up in April 2012. The BC RN's are in the process of voting in a new contract. It will be interesting how things turn out. Some of the main issues at hand are: extended work weeks, workload, job

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**If you can't afford a doctor,  
go to an airport - you'll get a  
free x-ray and a breast exam,  
and; if you mention Al Qaeda,  
you'll get a free colonoscopy.**

PANBC

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Our provincial contract was up in April 2012. The BC RN's are in the process of voting in a new contract. It will be interesting how things turn out. Some of the main issues at hand are: extended work weeks, workload, job security, compensation, community nursing, benefits, violence, mental health and professional issues. These are newly addressed in our proposed provincial agreement. The ratification vote is on October 18 2012.

It is nice to see that in the PACU's across BC, already maintain safe patient standards thanks to NAPANc and ASPAN standards. Our standards are holding strong and are being supported by our unions. Thank you to all the nurses who stand up for safe patient care. We are trying to keep strong. It is more important now than ever as private clinics offering conscious sedation are creeping into the health authorities. Units are being created to save money and provide patient care but qualified RN's to care for these patients are not being provided. The definition of General Anesthesia vs conscious sedation is very controversial and being abused in general. We must stand strong as PeriAnesthesia Nurses to protect our patients.

We are meeting by Skype weekly planning for our Nov 3<sup>rd</sup> Educational Day. It will be called "Climbing the Mountains of Safe Patient Care".

Topics include;

- Obstetrical Crisis in the PACU
- Choice of Anesthesia, does it impact patient outcomes?
- Difficult Airway management
- T'3's not for me
- Nerve Blocks and Perineural
- Urology Pearls for the PACU RN.

We are very excited and looking forward to the day. Our guest speaker is Dr. Laugh. He promises to end the day with a fun and happy ending. We will keep people laughing right into our AGM that is to follow.

We will be holding a new election at our AGM and hope to name our new Executive.

Presently are 2012 executive is as follows:

- Lorna Jensen-President
- Vacant- President Elect
- Ingrid Harrison- Secretary
- Vacant-Secretary Elect
- Marylou Dresher-Treasurer/Registrar
- Christine Jerrett-Regional Representative
- Solrun Chong-Advisor
- Peggy Lee- Advisor

I am looking forward to the National Conference in Nova Scotia and I would like to thank all who were involved organizing and planning this event for all PACU RN's in Canada

Yours truly,

Lorna Jensen

PANBC President



## About ICPAN



In 2008, during an annual meeting of the British Anaesthetic & Recovery Nurses Association (BARNA), several international nurse colleagues socialising in a London pub began to discuss the possibility of hosting a collaborative global conference that would include participation from other associations. The Past President of the American Society of PeriAnaesthesia Nurses (ASPAN) and the BARNA Chairperson agreed to give this idea a try. In early 2009, the ASPAN Past President contacted the President of the National Association of PeriAnaesthesia Nurses, Canada (NAPANc) and the Chairperson of the Irish Anaesthetic & Recovery Nurses Association (IARNA) to inquire if each would be interested in creating an International Conference for PeriAnaesthesia Nurses (ICPAN). The response was a resounding "YES!" A first meeting was held during the April 2009 ASPAN National Conference in Washington, D.C., and exploratory planning began.

Amazingly, just a short time later, the first ICPAN was hosted by NAPANc in Canada's largest city, Toronto. The 2011 organising committee, comprising volunteer chairpersons from the four associations, was eventually augmented by newly found international colleagues through extensive virtual outreach. The enthusiasm and anticipation surrounding this event was incredible! In October 2011, over 500 eager delegates and exhibitors arrived from all corners of the globe to attend. The dream of uniting global perianaesthesia / anaesthetic and recovery nursing practitioners was realised and embodied the inaugural conference slogan, "Many Practices ... Just One World." Today, a fledgling ICPAN organisation exists with more professional nursing organisations and colleagues becoming involved, each working toward establishment of an enduring collaborative global networking group.

## Converging Practice ~ Celtic Style

It is extremely fitting that the Irish Anaesthetic and Recovery Nurses Association (IARNA) will host the next ICPAN, as 2013 has been named "[The Year of the Gathering](#)." Our "gathering" of delegates, from all areas of perianaesthesia/anaesthetic and recovery nursing, will meet at City West venue just outside Dublin City. Following the huge success of the 2011 Inaugural Conference in Toronto, Ontario, Canada, exhibitors and potential delegates are already actively seeking information and are quite excited that we will host in Ireland's capital.

The medieval city of Dublin eagerly extends a warm welcome to delegates from across the globe! As a rising star in the worldwide stage of meeting and conference destinations, Dublin is an exciting, safe and inspirational city that naturally combines contemporary and historic, modern and traditional, and all with a characteristically laid back Irish quality. A dedicated multinational organising committee is preparing an exciting educational programme which reflects current trends in perianaesthesia nursing. The Irish people are renowned for "having the craic" (having fun), so we are planning a lively social programme to keep you entertained during leisure time. This website will be the central point for information and communication, so please revisit regularly and 'Like' our Facebook page for details of the conference. C ad Mile F ailte go h Eirinn (A hundred thousand welcomes to Ireland)!

Ann Hogan,  
IARNA Chairperson



International Conference  
for PeriAnesthesia Nurses

**ICPAN**  
2013, Dublin

To Register: <http://www.icpanconference.com>

Let's keep the sharing happening internationally by having a great show from Canada.

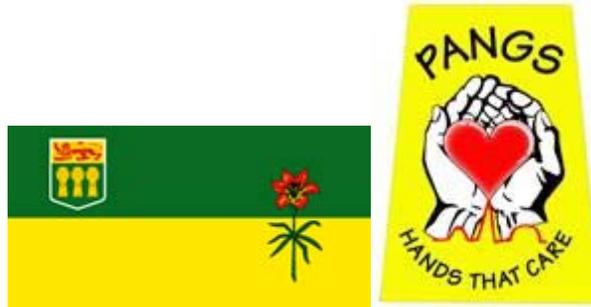
Congratulations to Charlotte Williams from Victoria General Site of QE11 in Nova Scotia. She was the winner of a copy of



the NAPAN© Standards.

Congratulations to the 9 Recipients from each of the 9 Provincial associations who received NAPANc Bursaries for the Nova Scotia Conference. Left to right, Deb Bottrell, ON, Cleopatra Ashby, QC, Sarah White, NS, Nasrin Kherani, BC, Fran Langevin, SK, Jody McNamara, NB. Missing from photo: Bryan Clarke, AB Sth, Chris Douglas, AB Nth, Jeanette Snow, MN.





## PACU Certification

The development of the Certification Examination with the Canadian Nurses Association (CNA) is underway! Over 50 volunteers (PeriAnesthesia Nurses from across Canada) have generously donated their time and have committed to this task.

Arrangements are underway and in the fall of 2012, volunteers will be required to travel to Ottawa to develop competencies, over a 5 day period. This not only requires that these generous volunteers give of their time, but they will also have travel and accommodation costs to recover.

There will be many other expenses incurred by our Volunteers. Won't you assist them with their financial obligations so that they may concentrate on developing our Certification Examination?

All donors to this cause will be recognized in the NAPANc newsletters, on this website (see list below), and in the Certification Study Guide. Receipts for all donations will be issued.

To see information regarding Certification, please go to this link: [Certification for PeriAnesthesia Nurses of Canada](#)

To read more about donations for Certification, please read this letter: [NAPANc Letter to Donors for Certification](#).

To donate money or other valuable items (hotel accommodation, travel vouchers i.e. train, bus, airline, gasoline vouchers, food/restaurant vouchers, etc.) please print the following form and mail or fax to the address indicated: [NAPANc Certification Donors Pledge Form](#) or purchase a [Mountie Bear](#) or [T-shirt](#) from our recent Inaugural International Conference (click on the link provided to order yours). Proceeds will go towards Certification expenses. **Thank you in advance for your generous donation!**

**NAPANc would like to thank the following Donors for Certification of PeriAnesthesia Nurses of Canada for their generous contributions Most Recent Donations, 2012:**

Mariola Brady, Mary Lou Drescher, Sue Kroes, Lya Lamb, Alain Vienneau, Janet Shaughnessy, Laura Van Loon, Paula Ferguson, Thao Le

Department of Anesthesia, Health Sciences Centre, St.John's NL

Dawson & Associates, Marketing Services, Kitchener, Ontario

PeriAnesthesia Nurses of British Columbia (PANBC)

PeriAnesthesia Nurses of Alberta: both North and South Chapters (PANA-nac and PANA-sac)

PeriAnesthesia Nurses Group of Saskatchewan (PANGS)

Manitoba Association of PeriAnesthesia Nurses (MAPAN)

Ontario PeriAnesthesia Nurses Association (OPANA)

Quebec PeriAnesthesia Nurses Association (QPANA)

PeriAnesthesia Nurses of New Brunswick and Prince Edward Island (PANNB/PEI)

[Association of Nova Scotia's PeriAnesthesia Nurses \(ANSPAN\)](#)

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## NAPANc Contacts

EXECUTIVE		
Paula Ferguson Laura McNulty Louisa Bartlett Laurel Archer Laura Van Loon Vacant Vacant	President President-Elect Secretary Treasurer Immediate Past-President Secretary – Elect Treasurer – Elect	<a href="mailto:info@napanc.org">info@napanc.org</a> <a href="mailto:mcnulty@nb.sympatico.ca">mcnulty@nb.sympatico.ca</a> <a href="mailto:louisabartlett@shaw.ca">louisabartlett@shaw.ca</a> <a href="mailto:laurelarcher@shaw.ca">laurelarcher@shaw.ca</a> <a href="mailto:lvnloon2001@yahoo.com">lvnloon2001@yahoo.com</a>
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More NAPANc Conference 2012 Photos



The board was piped in on the first day.

Saturday night comedian.

Congratulations to Marion Power and Maureen Landry, co-chairs of the Nova Scotia conference committee for a great time.



Great door prizes.

Opening Keynote speaker: Chris Powers

Competency Committee, Certification: November, 2012

Leslie Patry, CNA in background



## President's Address



Hello PeriAnesthesia Colleagues:

Welcome to winter, 2012 with a blast of snow in many parts of the country, but it helps us to get in the "mood" for Christmas. Hoping that each of you can take some time to enjoy the Christmas festivities that are beginning and spend time over the Christmas break with your families.

But before we get there, the many NAPANc volunteers have been/will be busy. So much exciting news to tell you about our past conference and about Certification.

The **11th Annual National Conference** was outstanding. What marvelous speakers, and what a great time we all had with lots of delicious food, and plenty of entertainment (the enclosed photos tell plenty). To see photos from the conference, go to [www.napanc.org](http://www.napanc.org), click on the dropdown menu for "Photo Gallery" and you will see the option, "NAPANc 2012 Conference". The presentations that we've been given permission to post are uploaded in the "Members Section". You will/have received the Members-only Login ID and Password for this section from your provincial President or other representative from your association. If not, contact them and they will send this information to you (if you are a current member of your provincial association).

**CERTIFICATION!** For all PeriAnesthesia Nurses of Canada. We are now closer than ever. Three submissions of fundraising dollars have now been sent to the CNA to show our dedication to this project with the fourth scheduled for December. These funds are being collected to partially support the costs of exam development (over \$100,000) which NAPANc and the CNA are sharing. Please, please assist us in this project: please send your donations by using this form: [Donor Pledge Form for Certification](#) (a link to the NAPANc website) to send in your cheque for \$2 (or more if you wish) to the NAPANc office (address on the form). And encourage your colleagues to do the same! If every PeriAnesthesia Nurse donates a toonie, we would meet our goal of \$25,000. Or purchase [Mountie bears](#) and [t-shirts](#) which we have for sale to support this project. We have contacted our industry partners, those who support our conferences and many other projects. We are raffling off copies of the Standards and all of our Board members and provincial associations have generously donated to the cause already. Please help us in any way you can....**together we are strong!**

The CNA held a meeting by teleconference call with the 8 selected members of the "Exam" sub-committee of the Certification Committee this past October. This important committee is responsible for selection of suitably eligible nurses to write this exam, for setting the passing grade, for choosing the items for each exam, for overall administration of the exam in collaboration with the CNA. And from November 26-30, eight (8) more volunteers spent the week in Ottawa, donating their time to the development of PeriAnesthesia Nurse **Competencies**, the first step in exam-

preparation. Members of this committee include: Lorna Jensen, BC, Angie Winter, AB, Evelyn Seip, SK, Paula Ferguson, ON, Thao Le and Sonia Boccardi, QC, Sharon Peabody, NB and Marion Power, NS. (see photo above)

The latest [Certification Bulletin](#) in English and in [French](#) (links to the NAPANc website) notes our deadline of 2014 for offering this exam to everyone.

**Second Edition Standards for Practice:** they are selling quickly, so get your copy before they run out. The French version is available and selling quickly too! If you are a member of your provincial association, they are very reasonably priced. Get your copy soon, or ask your employer to purchase a copy: [NAPANc Standards order form](#).

And now for news from across the nation....

### Recent Events:

1. National Conference was held from October 19-21, 2012. NAPANc Bursarys (9) were awarded.
2. PANBC held their workshop in November, 2012 which was a great success. [www.panbc.net](http://www.panbc.net)
3. PANGS (SK) held their conference on September 22, 2012.
4. Standards for Practice translated and for sale!
5. October: Exam Committee of Certification meets
6. November: Competency Committee of Certification meets and develops Competencies

### Upcoming Events:

1. Alberta South is hosting a workshop on Sat Feb. 9, 2013 on South Health Campus, Calgary, AB. See: [PANA-sac Workshop February 9, 2013](#) for more details.
2. Item Writers for Certification will meet in March and April, 2013 to write questions based on the competencies developed.
3. Exam Committee will select questions, complete administration duties for exam.
4. Translation for Certification, summer, 2013 and Translation Committee will review and revise.

Keep in touch! And remember, Certification IS COMING: Registration for the first examination opens October 2013! We are sooo close! Thanks to everyone for your passion and dedication to PeriAnesthesia nursing: you are the best!

Contact us at [info@napanc.org](mailto:info@napanc.org) anytime, and watch the [NAPANc website](#) for ongoing updates.

Your colleague in PeriAnesthesia Nursing,  
Paula Ferguson, RN, MN, President, NAPANc, 2009-14