

The Eye Opener

National Association of PeriAnesthesia
Nurses of Canada

www.napanc.org



2013: THIS IS THE YEAR TO REGISTER FOR THE FIRST CERTIFICATION EXAMINATION FOR PERIANESTHESIA NURSES OF CANADA! *Read more, pg. 14*

Winter 2013

Contents

President's Address	2
PeriAnesthesia Nurses Week	3
Ask NAPANc	4
Upcoming Events	5
Certification Photos	5
Committee Reports	6
NAPANc Conference 2012 Photos	8
Provincial Reports	9
ICPAN 2013 Conference	13
Certification Update	14
National Contacts	15

Did you know...

There is now a "Members Section" with a login ID and Password? Please speak with your provincial President for the access information.

*There is now a **Photo Gallery** on the NAPANc website: hundreds of photos of recent and past events including the International Conference, 2011!*

Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbour. Catch the trade winds in your sails. Explore. Dream. Discover." — Mark Twain

President's Address February, 2013



Hello PeriAnesthesia Colleagues:

Here it is February and we've had some very difficult weather fronts to battle through in order to get to work, home, and carry on with living. I hope that you have all been safe and have not met with any mishaps during these terrible storms that we have encountered.

I am here to report what the many NAPANc volunteers have been up to over the past 3 months.

The **12th Annual National Conference** preparations are in progress. PANGS, Saskatchewan has kindly offered to host the next national conference which will be hosted in **Regina, Saskatchewan from May 30-June 1, 2014**. That's right, no conference in 2013! In order to return the National conference to its rightful time of year, May/June, we have postponed the next conference for 17 months (instead of the usual 12 months).

CERTIFICATION! For all PeriAnesthesia Nurses of Canada. We are now closer than ever. All submissions of fundraising monies have now been sent from NAPANc to the CNA to show our dedication to this project. These funds are being collected to partially support the costs of exam development (over \$100,000) which NAPANc and the CNA are sharing. Please, please assist us in this project: please send your donations by using this form: **Donor Pledge Form for Certification** (a link to the NAPANc website) to send in your cheque for \$2 (or more if you wish) to the NAPAN© office (address on the form). And encourage your colleagues to do the same! If every PeriAnesthesia Nurse donates a toonie, we would meet our goal of \$25,000. Or **purchase Mountie bears and t-shirts** which we have for sale to support this project. We have contacted our industry partners, those who support our conferences and many other projects. We are raffling off copies of the Standards and all of our Board members and provincial associations have generously donated to the cause already. Please help us in any way you can....**together we are strong!** Keep watching the websites for further information : www.cna-aiic.org and www.napanc.org.

Our past conference was hosted by ANSPAN in **Dartmouth Nova Scotia from October 19-21, 2012**. The program was amazing and the entire event was stimulating! Go to the website and look under Conferences and in the Photo Gallery for testimony to this fact!

The latest Certification Bulletin in English and in French (links to the NAPANc website) notes our deadline of 2014 for offering this exam to everyone.

Second Edition Standards for Practice: they are selling quickly, so get your copy before they run out. The French version is available and selling quickly too! If you are a member of your provincial association, they are very reasonably priced. Get your copy soon, or ask your employer to purchase a copy: [NAPANc Standards order form](#).

And now for news from across the nation....

Recent Events:

1. PANA-NAC held their workshop and AGM on Feb 9, 2013.
2. PANBC held their workshop in November, 2012 which was a great success.
3. PANGS (SK) held their conference on September 22, 2012.
4. Standards for Practice translated and for sale!
5. November: Competency Committee of Certification meets and develops Competencies
6. January 2013: Item writing committee for Certification organized.

Upcoming Events:

1. Item Writers for Certification will meet in Feb & March, 2013 to write questions based on the competencies developed.
2. April -June, 2013: Exam Committee will select questions, complete administration duties for exam.
3. Translation for Certification, summer, 2013 and Translation Committee will review and revise.
4. Next National Conference: May 30- June 1, 2014. Regina, Saskatchewan

Keep in touch! And remember, Certification IS COMING: Registration for the first examination opens fall 2013! We are sooo close! Thanks to everyone for your passion and dedication to PeriAnesthesia nursing: you are the best!

Contact us at info@napanc.org anytime, and watch the [NAPAN© website](#) for ongoing updates.

Your colleague in PeriAnesthesia Nursing,
Paula Ferguson, RN, MN, President NAPAN©, 2009-14

PeriAnesthesia Nurses Week

February 4-8, 2013

Greetings to you all, the PeriAnesthesia Nurses of Canada and congratulations to you for your ongoing excellence in, and commitment to, PeriAnesthesia Nursing!

This year, PeriAnesthesia Nurses Week is celebrated during the week of **February 4-8, 2013** and this was YOUR week to show your colleagues how specialized our practice is, to share your expert knowledge with your patients, the interprofessional team and the public. Show them that you are proud to be a PeriAnesthesia nurse.

This year we have much to be proud of as we are in the final stages of preparation and development of the first **PeriAnesthesia Nurses Certification Examination** (with the CNA).

You should feel proud to be a PeriAnesthesia Nurse in 2013: as a group, we are really on the move!

PeriAnesthesia Nurses, make this the week to share your stories and celebrate your successes with your colleagues in any way that you can. "**PeriAnesthesia Nurses Day**" is on **Wednesday, February 6, 2013** this year. Be proud of yourselves and each other! We look forward to sharing your stories, photos and

videos of your celebrations, and will post them on the NAPAN© website and in our next issue of the newsletter, the "Eye Opener". Please send them to us at info@napanc.org for distribution across Canada.

The Executive members of NAPAN© wish to congratulate you for bringing relief to your patients in discomfort, and stabilizing the negative effects of surgery. We send to you with this greeting our deepest respect for, and pride in all of you, as you/we again celebrate our special week that is dedicated just to you! Congratulations to you all!

Happy PeriAnesthesia Nurses Week, colleagues! Contact us anytime at: info@napanc.org!

Respectfully,

The Executive of the **National Association of PeriAnesthesia Nurses of Canada, 2013:**

Paula Ferguson, RN, BScN, MN,
President,

Laura McNulty, RN, President-Elect,

Louisa Bartlett, RN, Secretary,

Laurel Archer, RN, BScN,
Treasurer,

Laura Van Loon, RN, PHN, HCAC,
Immediate Past President



PANA-nac celebrates PANW "on the job". Thank You!

Did you know?

NAPANc representatives are working with **Accreditation Canada** to revise the "*Surgical Care Services*" standards in Ottawa throughout this year? This revised document will be in use in 2014. Watch for it when you are next accredited!

NAPANc also consulted on the "Independent Medical/Surgical Facilities" standards with Accreditation Canada in 2011 and suggested revisions to the Phase I and II recovery periods in terms of best practice. These standards are currently in use.



Ask NAPAN©

Q:

Would you recommend employment of LPN/RPNs in the PreAdmission phase of PeriAnesthesia nursing care?

What is the practice in your hospitals?

Please send your responses to info@napanc.org

A:

The NAPANc Standards for Practice, 2nd ed, 2011 denote "Nurse" and PeriAnesthesia Nurse" throughout the standards as a Registered Nurse, and recommend

Registered Nurses in all phases of PeriAnesthesia Nursing

Q:

At our Hospital we are in the process of updating and creating a new Recovery Room Flowsheet. There are two

areas we are having difficulty recreating without the use of plagiarism from the "National Association of PeriAnesthesia Nurses of Canada – Standards for Practice". I would like to ask if we may reproduce the scoring systems for LOC, sedation, Pain, nausea, surgical, and sensory and motor levels, as a reference under Scoring on one of the pages in our own format.

We also very much like the Transfer of Care Checklist from the OR to Phase 1 and Phase 1 to Phase 11. This captures everything one would need to report and I would think would reduce errors in communication with concern to our patients.

I thank you for your consideration of this matter.

Regards
Lois and Myra

Your input on this issue would be greatly appreciated –

A:

The Discharge scoring systems you refer to do not belong to NAPANc, but are from Aldrete, Bromage or from Chung. They are referenced in the Appendices, and in the body of the Standards. Please feel free to utilize those scoring systems with the correct references to the rightful authors (as we have), but add in the document if you would please: e.g. "Aldrete, A. (year), cited in NAPANc Standards for Practice, 2nd ed. (2011), p. ---".

Also, thank you for your kind words regarding the Transfer of Care/Accountability checklist. Again, please just reference that as "National Association of PeriAnesthesia Nurses of Canada. (2011). Standards for Practice, 2nd ed. Oakville, Ontario: Author". on your document, and we will be happy with that. Thanks so much for recognizing the NAPANc Standards for your hospital!

NAPANc Executive

Photos of Certification!



Thank you to this group of hardworking PeriAnesthesia nurse volunteers from across Canada who travelled to Ottawa in November, 2012 to develop PeriAnesthesia Nurse competencies upon which the Examination questions will be based on.

Left to Right: Marion Power, NS, Sonia Boccardi, QC, Paula Ferguson, ON, Lorna Jensen, BC, Sharon Peabody, NB, Evelyn Seip, SK, Thao Le, QC, Angie Winters, AB.

Standing behind: Leslie Patry, Certification Department of the Canadian Nurses Association



Updates:



NAPAN©'s 12th Annual National Conference will be held in Regina, Saskatchewan on May 30/31-June 1, 2014 at the Delta Regina Hotel:

**1919 Saskatchewan Drive
Regina, SK S4P 4H2
Toll Free: 1-800-209-3555
Phone: (306) 525-5255
www.deltahotels.com**

Committee Reports

Nominations Committee Report to the Board of Directors February 6, 2013

The Nominations Committee has been sending invitations to those volunteers who have been considered for Executive and Committee Chair responsibilities.

Vacancies are: Treasurer-Elect; Secretary-Elect;

Fundraising Chair; Standards Chair(s)

An update has been added to the website, with a section in the Front Page Slideshow, "NAPANC Needs Your Help" to encourage involvement from our membership.

Please let me know if you would like to put forward a nominee or have any questions.

Respectfully submitted,

Laura Van Loon, Chair
Nominations Chair
Immediate Past President, NAPANC

Standards Committee Report for BOD February 6, 2013

The Standards Committee History:

- formally established in 2004

- Board adopted English and French languages for publications

- Annual Standards Survey commenced: 2005

- Standards for Practice 1st Edition: released 2008

- Normes de pratique premiere edition: 2009

- Standards for Practice 2nd Edition: released October 2011

- Normes de pratique secondaire edition: August 2012

Committee Chair(s)

- Shirley Clarke: 2004

Melanie Connors, Chair: 2004-2008 and Co-Chair Sue Kennedy: 2004-2006

- Paula Ferguson: Interim, 2008

- Marion Power and Laura Van Loon, Co-Chairs: 2009-Oct. 21, 2012

We are already in progress of revising these standards for the 3rd edition with anticipation of publication in May, 2014.

The next revision will include a Pediatric Resource, our Position Statement for the Nurse Practitioner in Anesthesia and updating and adding to the existing Standards for Practice.

Standards Committee Report for BOD February 6, 2013 (cont'd)

.The Standards Committee for the 3rd edition is comprised of PeriAnesthesia Nurse volunteers from across the country:

Laura Van Loon (co-chair), Thao Le (QC/Peds), Laura McNulty (Pres-Elect); Paula Ferguson (Pres), Nela Crisan (ON), Bernard Bachaalany (QC); Nancy Forbes (NS); Amanda Hunt (NB); Simone Towle/Marion Power (NS); Colleen Archbold (BC); Louisa Bartlett (AB); Daphne Whalen-Brake (NL); Kathy Lynn Worthman (NL); Robyn Vinck (MN)

Laura Van Loon, Chair, Standards Committee
NAPANC

Fundraising Committee Report to the Board of Directors February 6, 2013

Charitable Number: Revenue Canada

The President received confirmation of approval for Charitable Status with Revenue Canada, and as such we will now be able to give Receipts "for Income Tax Purposes", which we hope will encourage and increase donations for Certification, Standards for Practice and other bursaries and awards.

Fundraising for Standards for Practice

Thanks to all the individual donors and provincial perianesthesia groups, and others who have provided the necessary funds for completing this second edition of NAPANC Standards for Practice.

Anyone wishing to donate to our Third Edition, please mark your donation to the Standards Publication so that we can acknowledge your contribution on the cover, website & newsletter.

Laura Van Loon, Fundraising Chair NAPANC

Website "Committee" Report to Board of Directors February 6, 2013

Updates since December, 2013:

Front Page Slideshow: added "PeriAnesthesia Nurses Week, 2013" with photo and link to PeriAnesthesia Nurses Week section.

More information and photos for Certification added to the website, under "Education -> "Certification", and in the "Photo Gallery".

Updated Provincial application forms, conference updates as requested
Spotlight: PeriAnesthesia Nurses Certification photo of Competency development meeting in November in Ottawa

New Additions:

Membership login: added more information, including newsletter, financial reports, Board minutes.

Members Only Login: Full newsletter, financial information, Board minutes and other confidential membership information.

New photo gallery: with 3 photo albums (ICPAN, 2011; NAPANC conference 2011; NAPANC archives)

Added photos to Aseptic Surgery Forum information.

Inquiries to info@NAPANC.org :

- Standards orders via website interactive forms

- Info re: National Conference 2013/4 updated

- Questions re PACU etc.: saved for newsletter

Respectfully submitted,

Paula Ferguson , Website Chair

**Newsletter "Committee" Report to Board of Directors
February 6, 2013**

- A. Last Newsletter: December, 2012:
1. Content? Articles?
 2. Content of "Ask NAPANc": using emails that come in
 3. Suggestions for inclusions? Send articles please!
- B. Next Newsletter: February, 2013:
Inclusions:
1. Follow up from Conference 2012 including photos
 2. Link to Certification update
 3. Sponsorship Opportunities for: 1) Certification with link to: interactive order form for Sponsorship of Certification
 4. Updated list of Certification Donors
 5. Link to "Join NAPANc: Nomination Forms"
 6. Notice of Membership Login: contact your provincial rep
 7. Standards for Practice: NOW IN FRENCH! with order form (link)
 8. PeriAnesthesia Nurses Week letter and photo(s)
- C. Distribution: Timeline: All Provincial Presidents must ensure distribution of NAPANc Newsletter within 2 weeks of receipt to all NAPANc members in their provinces
- D. Members Only Login: Full newsletter, financial information, Board minutes and other confidential membership information.

Respectfully submitted,

Colleen Archbold, Newsletter Chair, February 6, 2013

**Conference Committee 2014 Report
February 6, 2013**

The next and 12th National PeriAnesthesia Nurses Conference will be held in Regina Saskatchewan, hosted by PeriAnesthesia Nurses Group of Saskatchewan (PANGS), on May 30/31-June 1, 2014 at the Delta Regina Hotel.

Watch the NAPANc website for updates:
www.napanc.org

The Delta Regina Hotel is located at:

**1919 Saskatchewan Drive
Regina, SK S4P 4H2
Toll Free: 1-800-209-3555
Phone: (306) 525-5255
www.deltahotels.com**



**National Conference 2012 Post
Conference Report**

The Association of Nova Scotia PeriAnesthesia Nurses (ANSPAN) hosted the 2012 National PeriAnesthesia Nurses (NAPAN©) Conference "Leading the Way...in PeriAnesthesia Nursing" at the Holiday Inn Harbourview, Dartmouth, NS on Oct. 18-21, 2012. One hundred and seventy- five nurses representing all provinces from across Canada attended to make this a very successful event. We thank you for joining us. Thank you to everyone who donated to the Silent Auction to help make it a success.

Maureen Landry & Marion Power,
Conference Co-Chairs, 2012

**Certification Committee Report to Board of Directors
February 6, 2013**

We submitted proposal in 2010 and were approved in Feb 2011, designating us as a specialty.

The first meeting of the Exam committee, of 8 people met by teleconference call in October 2012 to discuss their role. We have 8 more people from across Canada who met in Ottawa in late November 2012 to develop the Competencies that our exam questions will be based on. This is the Competency committee. 24 more volunteers will meet in February and March, 2013 in Ottawa to write potential examination questions for the Certification Exam. The "Exam" sub-committee will determine which questions will be on the first exam, who will be eligible to write, the passing grade and much more. The exam will be translated into French and we will be able to register to write it in the fall of 2013.

Question: Cost for the exam: Varies by province, \$550 on average (Bursaries will be offered through NAPANc and provincial PeriAnesthesia Nursing Associations).

How are we going to prepare ?– we will be developing a prep/study guide to assist the members in exam preparation. Once you have registered, you should receive the prep guide.

Can foreign nurses write the exam?–you must be a member of CNA to write the exam.

Do we know where we will be writing?

There will be multiple sites throughout Canada to write the exam. It will be written on the same date, across the country, and is still paper based. Please go to www.cna-aiic.org for further information on registration, fees, and dates.

Paula Ferguson,

Chair Certification Committee,

President, NAPANc 2009-14.

NAPANc 2012 Conference Photos

Pictured to the right is a photo of some of the delegates who attended the 11th Annual National Conference held in Dartmouth Nova Scotia, October 2012.



The Standards Committee, 3rd edition, first meeting in Dartmouth, Nova Scotia, October, 2012.



The current Board of Directors and Executive of NAPANc, 2012-13:

Sitting, L to R:

Louisa Bartlett, Secretary, AB
 Laura Van Loon, Past President, SK
 Paula Ferguson, President, ON
 Laura McNulty, President-Elect, NB
 Laurel Archer, Treasurer, BC

Standing, L to R:

Marianne Kampf: ON, Thao Le: QC,
 Kathy Jellow: SK, Fran Coates: MN,
 Lorna Jensen: BC, Maureen Landry:
 NS. Missing: Dory Glaser, AB south
 and Angie Winters, AB north



Provincial Reports

OPANA

OPANA is currently planning our next provincial conference to be held Nov. 2 and 3rd at the Nottawasaga Inn, Alliston Ontario. Marianne Kampf and Cher Jackson are the co-chairs of the planning group and are being supported by an enthusiastic group. The details are on OPANA website, www.opana.org.

The Board of Directors has welcomed new representatives from the London/Windsor area, Karen Rogers and Sherry Bondy. We are looking forward to their input to the board.

Ontario PeriAnesthesia Nurses are looking forward to the certification of their nursing specialty. There are several members scheduled for exam writing in Ottawa this spring.

Submitted by Deborah Bottrell President, OPANA

QPANA - AIPAQ

Membership 2012- 2013

Up to present time, there are 109 members. QPANA has already received membership for 2013-2014

QPANA 20th Annual Conference

Despite the lack of time for volunteer works among the executive and Board members, the organization of the 2013 QPANA annual conference is progressing well. The venue in Laval City was secured. Guest speakers were confirmed and their presentations reflect the theme of the conference, "Soyons ouverts aux nouveaux défis – Open to new challenges". The program and the registration form were released near the end of January 2013. For the benefit of the participants, as in the previous years, a simultaneous translation service will be provided during the conference.

In order to have the QPANA 2013 Conference recognized as accredited continuing education, the application to the University referred by the Quebec Order of Nurses (OIIQ) is under way.

QPANA would like to extend its invitation to all the colleagues across Canada to attend this educational and networking event

Meeting

The QPANA Executive and Board Committees have continued to meet via TC once a month

Promoting And Supporting The National Certification

QPANA is proud to have the opportunity to actively participate in the certification process in collaboration with the NAPANc, CNA and other colleagues across the country. Up to present time, QPANA takes part in the Exam, Competency and Item Written Committees.

QPANA - AIPAQ (cont'd)

The news regarding the National Perianesthesia Nursing Certification was kept up dated in on the bilingual QPANA's web site and Facebook page.

Kind regards,

Thao Le
QPANA President and National Representative
Bulletin and on QPANA's web site and Facebook page

PANNB/PEI

Hello to all my fellow PeriAnesthesia nurses across Canada

As I sit to write my report it is minus twenty two and the wind is blowing strongly her on the Bay Chaleur in Northern New Brunswick, I am mindful as with everything the weather will change and there are warmer days ahead.

As reported in October at our annual meeting in September we were unsuccessful in securing a new executive. The directive of the meeting as per our constitution and by-laws was for the executive to continue to see a president elect.

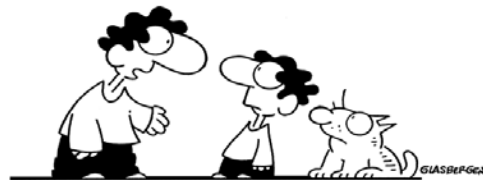
Thirty one of our 67 members were in attendance at the national conference. A lunch meeting of PANNB/PEI was held and I am pleased to announce that Amy Powers from the Moncton City Hospital (PACU) has accepted the position of president elect. This is very exciting as Amy will bring the expertise and energy of youth into our group. Jodi McNamara and Amanda Hunt will step up to fill the positions of treasurer and secretary.

We were all in agreement that ANSPAN hosted a super conference. Education sessions were well varied and very informative and interactive. Food and accommodation were very good and the hospitality was over the top.

I would like to encourage everyone to start working on a membership drive fresh faces and ideas along with the experience of the faithful are what will grow our association.

Sincerely
Laura McNulty, President PANNB/PEI

Copyright 2007 by Randy Glasbergen.
www.glasbergen.com



"Mom is a nurse. I'm not sure why she wears pajamas to work, but it's probably because she always needs a nap."

MAPAN

The executive of MAPAN is pleased to announce that Robyn Vinck has agreed to represent Manitoba on the Standards Committee. I believe she has communicated with Laura. She is a great nurse with some varied experience and a love for learning and involvement.

We had a journal club meeting in October that was fairly well attended and Melanie Connors led the group in the topic of pain management.

Our Christmas/education session was a presentation by an anesthesiologist who does missions in India for a program that does cleft palate surgery followed by a celebration.

I am thrilled to be attending the item writing session in Ottawa Feb. 25- March 1. The process continues on our path to certification!

Our spring workshop is starting to take shape and membership month is here.

Respectfully submitted by Fran Coates, President MAPAN

PANBC

PANBC had a great year in 2012. We are getting more new members and a lot of support from our PACU's throughout BC as they are finally hearing our voice. Our paid membership to date for 2012 has reached 90 but we have had over 227 different memberships in total in the last 3 years. These other memberships are not yet renewed. They are all still interested and supporting us. This is fantastic news; we are growing slowly and are still gathering support in BC.

Our provincial contract was up in April 2012. The BC RN's are in the process of waiting for the changes of the new contract to be implemented. The main issue and bargaining goal was for safe patient care through safer staffing levels. They were successful in this and now there are provisions governing replacement of nurses who are off on leave and for situations of overcapacity. This contract changes the work week to a 37.5 hour work week. All the Nurses in BC will be changing their work schedules to meet the new work hours by April 2013. Everyone loves a rotation change!!!

It is nice to see that in the PACU's across BC, we already maintain safe patient standards thanks to NAPANc standards. Our standards are holding strong and are being supported by our unions. Thank you to all the nurses who stand up for safe patient care. We must stand strong as PeriAnesthesia Nurses to protect our patients.

There has been a lot of support around PACU certification. There was an overwhelming response from BC members volunteering to be a part of this exciting opportunity. The 1st step was the writing of the PACU competencies. This was completed in November 2012. In Feb and March 2013, there are two groups meeting to complete the item writing portion of the certification. In June, the last group will

meet. They are the final Exam committee. Once all the work is completed, the first PACU CNA competency exam should be available in 2014. We are the 20th specialty in 20 years to go through this process. It is monumental for PACU nurses all across Canada.

PANBC held an election at our AGM in November 2012 and are proud to announce our new Executive.

Presently they are as follows:

Lorna Jensen-President (one year term)
 Vacant- President Elect
 Ingrid Harrison- Secretary (one year term)
 Joanne Beestra-Secretary Elect
 Sabine Wadhams-Treasurer/Registrar
 Vacant- Treasurer/Registrar Elect
 Christine Jerrett-Regional Representative

We are meeting by Skype next week to start planning our next educational day. Our last one was a great success and was called "Climbing the mountains of safe patient care".

Topics included;

- Obstetrical Crisis in the PACU
- Choice of Anesthesia, does it impact patient outcomes?
- Difficult Airway management
- T'3's not for me
- Nerve Blocks and Perineural
- Urology Pearls for the PACU RN.

We are very excited and looking forward to our next educational day in October 2013. Our guest speaker was Dr. Laugh. He completed a great day with a fun and happy ending. We have a feeling that this is going to be another great year for PANBC

Lorna Jensen President PANBC

ANSPAN

President – Maureen Landry
 President Elect – Simone Towle
 Secretary – Sandra Newton
 Treasurer – Donna Burris
 Education Coordinator – Susan Allen
 Immediate Past President – Susan Laverty

The Association of Nova Scotia PeriAnesthesia Nurses (ANSPAN) has 75 members registered for the 2012 – 2013 year. Our membership is up this year due to hosting the NAPANc conference.

ANSPAN hosted the 2012 National PeriAnesthesia Nurses (NAPANc) Conference "Leading the Way...in PeriAnesthesia Nursing" at the Holiday Inn Harbourview, Dartmouth, NS on Oct. 18-21, 2012. One hundred and Seventy- Five nurses representing all provinces from across Canada attended to make this a very successful event. We thank you all for joining us.

We have committed to donating the proceeds of our Silent Auction to the certification process. Financially, the 2012 NAPANc Conference was also a success. We are just waiting for the last transactions to clear the bank.

Our education sessions and meetings were held: June 18th 2012 – Dr. Ada Poranek spoke on "The Good Samaritan, Implications for

ANSPAN (cont'd)

Health Care Providers", November 19, 2012 -Dr Alana Munro spoke on Pulmonary Edema.

January 21st 2013- Dr George Philip spoke on Laryngospasm.

Our next meeting dates are March 18th, and June 17th. We plan to host our annual education day and AGM in April or early May once we have renewed energy from our National conference.

Our ANSPAN website is still a project in the works but will now take priority. The link is www.anspan.weebly.com

We are investigating having teleconference meetings to reach out to our members across the province.

There will be a change in the executive effective immediately. Simone Towle will assume to role of ANSPAN President. Donna Burris has stepped down as treasurer. I will carry on as the treasurer until March 31st. at which time Angeline Comeau will assume the position.

Respectfully submitted,
Maureen Landry – President ANSPAN

PANGS

This has been a harsh winter so far in the prairies and most people have been hibernating.

PANGS held a Skype meeting on January 22, 2013. Our Northern Member At Large gave us a preliminary update on the PANGS Conference & Annual General Meeting to be held in Prince Albert on October 5, 2013.

PANGS has four representatives on the Item Writing Committees that will meet in Ottawa in February and March, developing the perianesthesia certification exam.

Discussions have begun concerning the 2014 Conference & Annual General Meeting in Regina. A venue has been booked and some speakers have been approached. Stay tuned!

Kathy Jellow, President, PANGS

PANA-SAC (Alberta South)

PANAsac is holding a workshop on February 9, 2013 at the South Health Campus which is slated to open for surgeries in April 2013. There are specialized clinics that are open currently. Each site within Calgary zone has been orientating new staff members in a super-numery position in preparation for some of their experienced members to transfer to the SHC. The Foothills Medical Centre (FMC) will have 8 staff members relocated to the SHC. This is the most of any site (PLC, RGH & ACH) within Calgary. Therefore, PANAsac decided to hold the workshop at the SHC to generate interest in attendance and also provide a tour of the new site. The response for the workshop has been minimal so far but there is still time to register for this event. Registration for this workshop will include

PANA - SAC (cont'd)

membership for PANAsac (with affiliate to NAPANc). Our workshop agenda includes these sessions:

- Vascular Surgery by Dr. Petrasuk
- Tunnelled Epidurals for the Palliative Care patient – Dr. Kelly Shinkaruk (Anesthesiologist).
- Cancer Research and how it relates to lifestyles – Dr. Christine Friedreich (Epidemiologist).
- Legal Implications of Documentation – Lenora Thorkelson RN

At midpoint of this workshop, our AGM will be held where we have requested nominations for the positions of Vice President & Secretary. We are grateful for the service that Clarissa Munar & Yvonne Klaver has provided for PANAsac.

Currently, we have 24 members from the Calgary area for the 2012 – 2013 membership year. We are hoping to generate more members from the workshop for the 2013 – 2014 year. Our membership goes from April 1 – March 31.

Our current Executive members are:

- President – Dory Glaser-Watson
- Vice President – Clarissa Munar
- Secretary – Vacant
- Treasurer – Faisal Kassam
- Web Director – Yvonne Klaver

Our vision to reach out and network with other PACU Nurses within Calgary and southern Alberta is ongoing. We have been successful in connecting with PACU nurses in Lethbridge, Medicine Hat & Brooks. We are including PeriAnesthesia Nurses in other surgical settings such as Day Surgery, Labour & Delivery and surgical / procedural units.

The Executive and members of PANAsac continues to feel very positive and encouraged by the collaborative processes that we have accomplished to date in order to keep PANAsac operational. We are looking at options with PANAnac. We are committed to move forward with initiatives that promote and maintain excellence in PeriAnesthesia Nursing in Southern Alberta and facilitate collaborative practice between surgical nurses in Alberta.

Respectfully submitted,
Dory Glaser-Watson,
President , PeriAnesthesia Nurses of Alberta – Southern Alberta Chapter



PANA - NAC (Alberta North)

Members of the Executive: President Angela Winter; Treasurer:

Charlette Opper

Secretary: Janie-Rae Crowley

There is much excitement and anticipation for Certification amongst PANANac members. Planning for PeriAnesthesia Nurses Week is in full swing. Events arranged include Cup Cake Monday; Wild Funky Sock Tuesday; Pizza Wednesday; Cookie and Coffee Thursday; Pot luck Friday and as a grand finale to PeriAnesthesia Nurses Week we are hosting our 3rd annual Perianesthesia Symposium with 4 speakers and a lunch on Saturday Feb 9th. The last two symposiums were very well attended and a great recruitment vehicle. PANANac is also holding a full day Adult Acute Pain Symposium on May 17th. The profits from this event will be used to create bursaries to support members attending ICPAN 2013.

A PANANac member has been selected as one of the speakers at this event which is very exciting, way to go Pauline Worsfold.

Our membership is holding steady, we hope to increase the membership by creating educational opportunities. We are still holding a recruitment drive for new members of the executive; So far we have been unsuccessful but hope springs eternal

Respectfully submitted

Angela Winter, President PANANac.

CASE STUDY:

A 5-year-old boy weighing 22 kg and classified as American Society of Anesthesiologists (ASA) Physical Status II presented for a right tympanostomy tube removal and patch under general anesthesia. The child had a history of mild asthma treated with montelukast sodium and albuterol (used rarely), and had undergone three previous uncomplicated anesthetics for minor procedures. Acetaminophen (370 mg) and midazolam (15 mg) were administered orally at 30 and then 10 minutes pre-induction, respectively. General anesthesia was induced via face mask with 8% sevoflurane, nitrous oxide, and oxygen, and maintained with 5% sevoflurane; no other pharmacologic agents were administered. The child was transported to the PACU after a 20-minute, uneventful procedure. He was discharged home 1 hour later after a recovery period notable only for "excessive grogginess." During the trip home, the child became severely agitated, aggressive, and combative, "swinging his arms violently and attempting to bite his sister." The mother noted that although the child had thrown "temper tantrums" in the past, he was not a "mean child" and that this was not his usual behavior. She returned the child to the emergency department (ED) within 30 minutes of his PACU discharge, where his agitated behavior continued. Incremental doses of midazolam (totaling 12 mg) and lorazepam (2 mg) were administered intravenously over the next 90 minutes. During this time, the child's combative behavior and verbal outbursts continued between short periods

of sleepiness. Over the next 30 minutes, 60 mg of phenobarbital was administered, also with no effect on the child's behavior. After consulting with a pediatric anesthesiologist, 0.2 mg of flumazenil was given. Within minutes of administration, the child's agitation ceased, he became coherent, and was following instructions. The child was observed in the ED overnight and was discharged home the following morning with no further sequelae.

Voepel-Lewis, T., Mitchell, A., & Malviya, S, 2007

READ ABOUT THIS TYPE OF CASE AND MORE IN THE PEDIATRIC RESOURCE in OUR NEXT EDITION OF *The National Association of PeriAnesthesia Nurses Standards for Practice, 3rd edition*: due for publication in May, 2014

Copyright 2002 by Randy Glasbergen.
www.glasbergen.com



"We found a bunch of these clogging your arteries. They're cholesterol pills."

International Conference for PeriAnesthesia Nurses (ICPAN)



In 2008, during an annual meeting of the British Anaesthetic & Recovery Nurses Association (BARNA), several international nurse colleagues socialising in a London pub began to discuss the possibility of hosting a collaborative global conference that would include participation from other associations. The Past President of the American Society of PeriAnaesthesia Nurses (ASPAN) and the BARNA Chairperson agreed to give this idea a try. In early 2009, the ASPAN Past President contacted the President of the National Association of PeriAnesthesia Nurses, Canada (NAPANc) and the Chairperson of the Irish Anaesthetic & Recovery Nurses Association (IARNA) to inquire if each would be interested in creating an International Conference for PeriAnaesthesia Nurses (ICPAN). The response was a resounding "YES!" A first meeting was held during the April 2009 ASPAN National Conference in Washington, D.C., and exploratory planning began.

Amazingly, just a short time later, the first ICPAN was hosted by NAPAN© in Canada's largest city, Toronto. The 2011 organising committee, comprising volunteer chairpersons from the four associations, was eventually augmented by newly found international colleagues through extensive virtual outreach. The enthusiasm and anticipation surrounding this event was incredible! In October 2011, over 500 eager delegates and exhibitors arrived from all corners of the globe to attend. The dream of uniting global perianaesthesia / anaesthetic and recovery nursing practitioners was realised and embodied the inaugural conference slogan, "Many Practices ... Just One World." Today, a fledgling ICPAN organisation exists with more professional nursing organisations and colleagues becoming involved, each working toward establishment of an enduring collaborative global networking group.

Converging Practice ~ Celtic Style

It is extremely fitting that the Irish Anaesthetic and Recovery Nurses Association (IARNA) will host the next ICPAN, as 2013 has been named "The Year of the Gathering." Our "gathering" of delegates, from all areas of perianaesthesia/anaesthetic and recovery nursing, will meet at City West venue just outside Dublin City. Following the huge success of the 2011 Inaugural Conference in Toronto, Ontario, Canada, exhibitors and potential delegates are already actively seeking information and are quite excited that we will host in Ireland's capital.

The medieval city of Dublin eagerly extends a warm welcome to delegates from across the globe! As a rising star in the worldwide stage of meeting and conference destinations, Dublin is an exciting, safe and inspirational city that naturally combines contemporary and historic, modern and traditional, and all with a characteristically laid back Irish quality.

A dedicated multinational organising committee is preparing an exciting educational programme which reflects current trends in perianaesthesia nursing. The Irish people are renowned for "having the craic" (having fun), so we are planning a lively social programme to keep you entertained during leisure time. This website will be the central point for information and communication, so please revisit regularly and 'Like' our Facebook page for details of the conference.

Céad Míle Fáilte go hÉirinn (A hundred thousand welcomes to Ireland)!

Ann Hogan,

IARNA Chairperson



International Conference
for PeriAnesthesia Nurses

ICPAN
2013, Dublin

To Register: <http://www.icpanconference.com>

Let's keep the sharing happening internationally by having a great show from Canada.



PeriAnesthesia Nurses Certification:

For Registered Nurses working in PreAdmission, Day of Surgery, Phase I, Phase II or Extended Observation areas. Environments include: PACU, Day Surgery, PreAdmission, Interventional Radiology, Endoscopy, Out of Hospital offices and surgical centres, including Oral Surgery, Plastic Surgery, and any other area where Anesthesia is administered to patients for the purposes of a therapeutic intervention (invasive or non-invasive)

The development of the Certification Examination with the Canadian Nurses Association (CNA) is underway! Over 50 volunteers (PeriAnesthesia Nurses from across Canada) have generously donated their time and have committed to this task.

In the fall of 2012, volunteers travelled to Ottawa to develop competencies over a 5 day period. This not only requires that these generous volunteers give of their time, but they will also have travel and accommodation costs to recover.

There will be many other expenses incurred by our Volunteers. Won't you assist them with their financial obligations so that they may concentrate on developing our Certification Examination?

All donors to this cause will be recognized in the NAPAN© newsletters, on this website (see list below), and in the Certification Study Guide. Receipts for all donations will be issued.

To see information regarding Certification, please go to this link: [Certification for PeriAnesthesia Nurses of Canada](#)

To read more about donations for Certification, please read this letter: [NAPANc Letter to Donors for Certification](#).

To donate money or other valuable items (hotel accommodation, travel vouchers i.e. train, bus, airline, gasoline vouchers, food/restaurant vouchers, etc.) please print the following form and mail or fax to the address indicated: [NAPANc Certification Donors Pledge Form](#) or purchase a Mountie Bear or T-shirt from our recent Inaugural International Conference (click on the link provided to order yours). Proceeds will go towards Certification expenses. **Thank you in advance for your generous donation!**

NAPANc would like to thank the following Donors for Certification of PeriAnesthesia Nurses of Canada for their generous contributions Most Recent Donations, 2012:

Mariola Brady, Mary Lou Drescher, Sue Kroes, Lya Lamb, Alain Vienneau, Janet Shaughnessy, Laura Van Loon, Paula Ferguson, Thao Le

Department of Anesthesia, Health Sciences Centre, St.John's NL; Dawson & Associates, Marketing Services, Kitchener, Ontario

PeriAnesthesia Nurses of British Columbia (PANBC); PeriAnesthesia Nurses of Alberta: both North and South Chapters (PANA-nac and PANA-sac)

PeriAnesthesia Nurses Group of Saskatchewan (PANGS); Manitoba Association of PeriAnesthesia Nurses (MAPAN)

Ontario PeriAnesthesia Nurses Association (OPANA); Quebec PeriAnesthesia Nurses Association (QPANA)

PeriAnesthesia Nurses of New Brunswick and Prince Edward Island (PANNB/PEI)

Association of Nova Scotia's PeriAnesthesia Nurses (ANSPAN) and the proceeds from the Silent Auction at the 11th National Conference, 2012



NAPAN© Contacts

EXECUTIVE		
Paula Ferguson Laura McNulty Louisa Bartlett Laurel Archer Laura Van Loon Vacant Vacant	President President-Elect Secretary Treasurer Immediate Past-President Secretary – Elect Treasurer – Elect	info@napanc.org mcnultyl@nb.sympatico.ca louisabartlett@shaw.ca laurelarcher@shaw.ca lvnloon2001@yahoo.com
BOARD OF DIRECTORS: PROVINCIAL PRESIDENTS / JURISDICTIONAL CONTACTS		
Lorna Jensen Dory Glaser Angela Winter Kathy Jellow Fran Coates Marianne Kampf Thao Le Simone Towle Laura McNulty	President, PANBC (BC) President, PANA-SAC (AB South) President, PANA-NAC (AB North) President, PANGS (SK) President, MAPAN (MB) Immediate Past President, OPANA (ON) President, QPANA (QC) President, ANSPAN (NS) President, PANNB/PEI (NB/PEI)	Darren6@telus.net Dory.glaser@albertahealthservices.ca Angela.winter@albertahealthservices.ca K.jellow@sasktel.net Fdcoates@shaw.ca Kampf@hhsc.ca info@aipa.org Simone.Towle@cdha.nshealth.ca mcnultyl@nb.sympatico.ca
Daphne Whalen-Brake Sally MacDougall Vacant Vacant	Newfoundland/Labrador Northwest Territories Yukon Nunavut	daphne.whalenbrake@easternhealth.ca smacdougall@theedge.ca
COMMITTEES & CHAIRPERSONS		
Marion Power, Maureen Landry NS Kathy Jellow, SK Marion Power, NS Laura Van Loon, SK Paula Ferguson, ON Colleen Archbold, BC Paula Ferguson, ON Laura Van Loon, SK Laura Van Loon, SK Paula Ferguson, ON Paula Ferguson, ON Laura Van Loon, SK	Conference Co-Chair, 2012 Conference Co-Chair, 2012 Conference Chair, 2014 Standards Co-Chair, 2011 Standards Co-Chair, 2011 Website Chair Newsletter Editor Executive Chair Fundraising Chair Nominations Chair International Conference, 2011 Certification Committee, 2009-2014 International Representative, 2012-3	bluenosenurse@yahoo.ca mmp.landry@ns.sympatico.ca k.jellow@sasktel.net bluenosenurse@yahoo.ca lvnloon2001@yahoo.com info@napanc.org cdarchbold@telus.net info@napanc.org lvnloon2001@yahoo.com lvnloon2001@yahoo.com info@napanc.org info@napanc.org lvnloon2001@yahoo.com

© 2007 by Randy Glasbergen.
www.glasbergen.com



“I was so tired at work, the other nurses had to revive me with C.P.R. — Coffee, Pepsi, and Redbull!”